



GRAND HISTORY TRAIL RUN

October 17-19, 2014

York's Heritage Rail Trail ➡ Maryland's Torrey C. Brown Trail ➡ BWI Trail ➡ B&A Trail ➡ WB&A Trail ➡
Capital Crescent Trail ➡ C&O Canal ➡ H&F Trolley ➡ Hanover Trolley Trail ➡ York's Heritage Rail Trail

**Come wave a flag, shout & cheer on Kev Hawn of Spring Grove, PA
in his quest to complete the first ultra-marathon run of the
completed sections of the GRAND HISTORY TRAIL.**

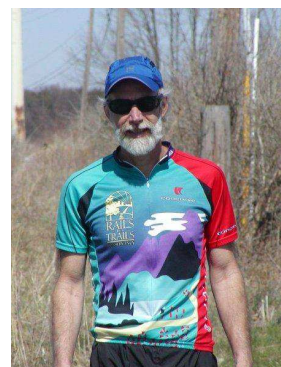
The Grand History Trail (GHT) is a conceptual network of trails encompassing Baltimore, MD; Annapolis, MD; Washington, DC; Frederick, MD; Gettysburg, PA; and York, PA – a region rich in the stories and commemorative sites of our country's history. The GHT will expand upon over 100-miles of existing, disconnected trails to create a 185-mile circular pathway for non-motorized travelers. The GHT has enormous potential to connect densely populated, metropolitan areas to numerous existing heritage sites of national significance, such as the Gettysburg National Military Park, Chesapeake & Ohio National Historical Park, and Potomac Heritage National Scenic Trail.

The GRAND HISTORY TRAIL is as AMERICAN as apple pie!

Come out to cheer Kev on by following this schedule:

* FRIDAY 10/17	
Heritage Rail Trail	
6 AM	Heritage RT Trailhead in Downtown York
Torrey C. Brown Trail	
2:14 PM	Ashland, MD
BWI and B&A Trails	
2:54 PM	Brentwood, MD
6:01 PM	Annapolis, MD
* SATURDAY 10/18	
WB&A Trail	
6 AM	Piney Ocd. Pkwy
7:05 AM	Race Track Rd.
8:11 AM	Seltzer St.
Capital Crescent	
8:36 AM	Stewart Ave.
10:19 AM	Fletcher's Cove
11:34 AM	Fletchers, from Mall
C&O Canal	
11:35 AM	Fletcher's Cove
7:22 PM	Monocacy
H&F Trolley	
8:02 PM	Main St.
8:11 PM	Moser Rd.
* SUNDAY 10/19	
Hanover Trolley Trail	
8 AM	Moul Field
8:23 AM	Gitts Run Rd.
8:30 AM	Constitution Ave., Spring Grove
11:48 AM	Heritage RT Trailhead in Downtown York

* Estimated time at location.



Kev Hawn

***"Running to finish the
Grand History Trail!"***

Follow Kev's progress on Facebook